



May 2012

Mt. Vernon Middle School Lunch



News

***OFFERED DAILY
DELI SANDWICH
CHEF SALADS
GRAB & GO***

***MENU SUBJECT
TO CHANG***



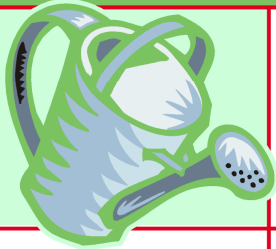
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



	1 Tacos With Lettuce & Cheese Steamed Corn Choice Of Fruit Teddy Grahams Milk	2 Grilled Chicken On Bun Seasoned Green Beans Choice Of Fruit 100% Fruit Juice Icee Milk	3 Pizza Dippers With Marinara Sauce Tossed Salad With Choice Of Dressing Choice Of Fruit Goldfish Crackers Milk	4 Mini Corndogs Tiny Twist Pretzels Steamed Carrots Choice Of Fruit Milk
7 Assorted Pizza Tossed Salad With Choice Of Dressing California Blend Vegetables Choice Of Fruit Milk	8 Shrimp Poppers With Muffin Or Fish On A Bun Coleslaw Stir Fry Vegetables Choice Of Fruit Milk	9 BBQ Riblet Mashed Potatoes Seasoned Green Beans Choice Of Fruit Wheat Dinner Roll Milk	10 Assorted Mexican Items With Lettuce & Cheese Cup Steamed Corn Choice Of Fruit Cinnamon Toast Crunch Snack Milk	11 Assorted Hot Sandwiches Potato Smiles Choice Of Fruit Assorted Cookies Milk
14 Bosco Stick or Pizza Stick Marinara Vegetable Salad Choice Of Fruit Assorted Ice Cream Milk	15 Cheese Quesadilla With Salsa & Sour Cream Steamed Corn Choice Of Fruit Cinnamon Goldfish Cracker Milk	16 Baked Rotini With Breadstick Tossed Salad With Choice Of Dressing Hot Vegetable Choice Of Fruit Milk	17 Assorted Chicken Pieces With Dipping Sauce Seasoned Green Beans Choice Of Fruit Wheat Dinner roll Milk	18 Hot Dog On Bun OR Corndog Fresh Veggies With Dip Apple Crisp Choice Of Fruit Milk
21 Hamburger On Bun Broccoli & Cauliflower Salad Assorted Chips Choice Of Fruit 100% Fruit Juice Icee Milk	22 Bosco Sticks With Marinara Tossed Salad With Choice Of Dressing Choice Of Fruit Assorted Desserts Milk	23 Assorted Pizza Assorted Hot Vegetables Choice Of Fruit Assorted Cookies Milk	24 Track & Field Day Sack Lunches Will Be Served	25 SUMMER BREAK NO SCHOOL
28 SUMMER BREAK NO SCHOOL	29 SUMMER BREAK NO SCHOOL	30 SUMMER BREAK NO SCHOOL	31 SUMMER BREAK NO SCHOOL	